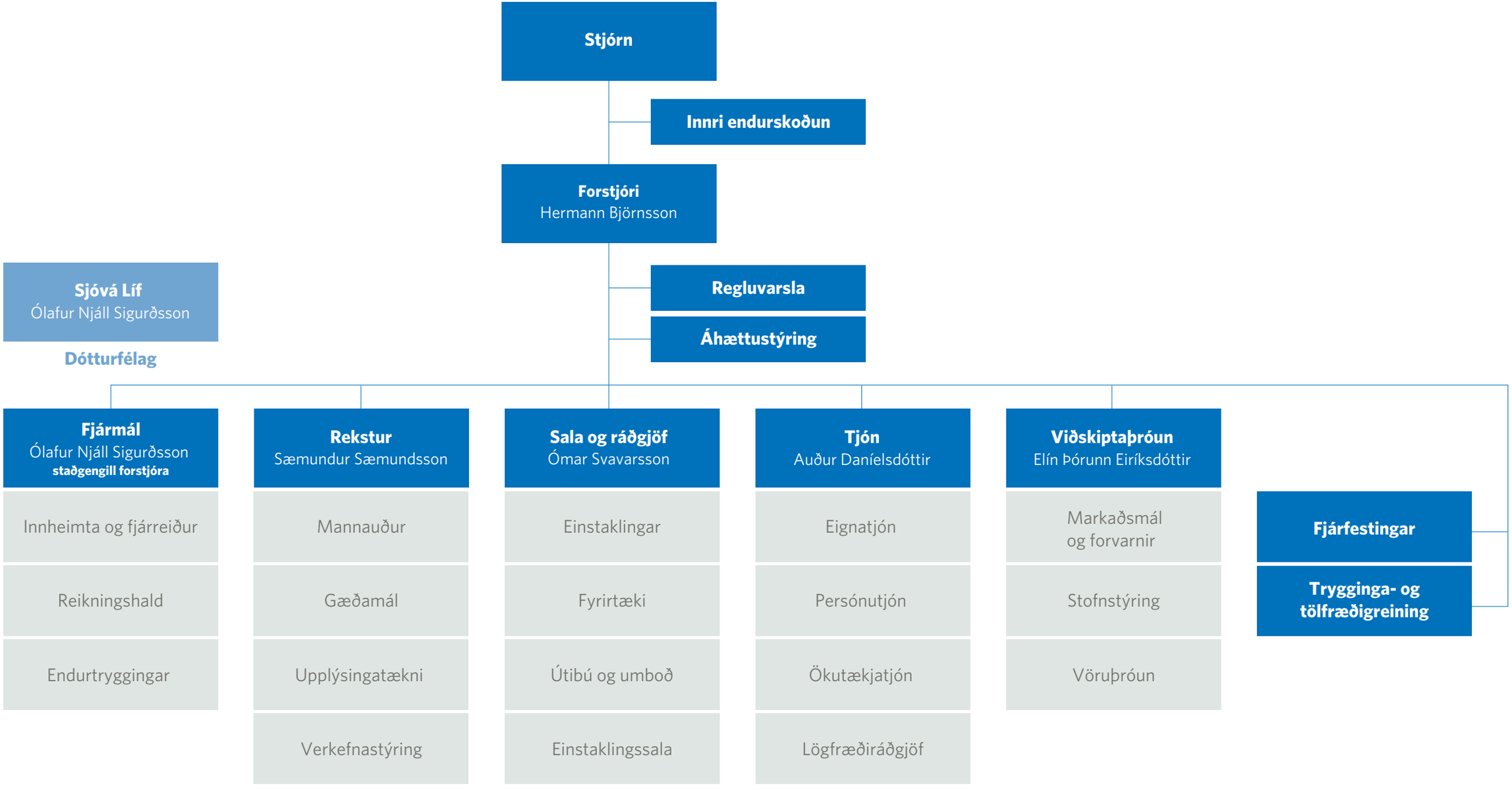Skipurit Sjóvá